

Services

Chiropractic Care

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Chiropractic, also known as chiropractic care, is a treatment focusing on curing health problems by using spinal adjustments in order to correct misalignments, or subluxations. It is a form of natural health care treatment without the use of drugs or medicines. Chiropractic Care is a safe and non-invasive healing therapy. Chiropractic treatments optimize the nervous system by ensuring the spinal column is properly aligned. Vertebral Subluxations or Misalignments can interfere with the brain's communication with the rest of your body.

Chiropractors are specialists in chiropractic also known treatment of misalignment of joints in spinal columns. Its believed that spine, joints and supporting structures of the body pain is relieved and its functioning is improved by chiropractic adjustments – helping you to enjoy your everyday activities. Along with chiropractic adjustments your Chiropractor is also trained to utilize physiotherapy modalities when needed as well as recommend / prescribe therapeutic exercise and other necessary modalities which may be essential for your rehabilitation, prevention strategies and life style modifications.

Our Chiropractors at Hamilton Physio & Rehab pride taking the time to work one-on-one with patients to formulate a treatment plan that focuses on achievement of the patient's goals.

Is chiropractic safe?

Chiropractic is recognized as one of the safest, medicine free, non-invasive therapies available for the treatment of back ache, neck ache and headache .

What medical conditions does a Chiropractor treat?

- Neck pains
- Headaches
- Back pain
- Disk herniations

- Plantar fasciitis
- Jaw problems
- Muscle strains
- Sciatica
- Motor Vehicle accidents
- Work injuries
- Sports injuries
- Sprain/strain injuries
- The musculoskeletal system
- Fibromyalgia
- Pregnancy pains