

# Services

## Telehealth

# Video Physiotherapy Appointments



In this free 15-minute Video Phone call with a Physiotherapist, you'll get to know:

- The exact suspected cause of your pain.
- Show you what successful treatment looks like.
- Learn if you can get back to normal naturally...without unnecessary medications, injections, or surgery.

Call 905-529-0521 and get in touch with a Team Member

Morning 8:00 AM to 9:00 PM : Available 7 days/week

- 30 minute appointments
- Reimbursable by most insurance companies
- Easy access to receipts for reimbursement

**Want to see what virtual physiotherapy is? [Click here for the visual steps](#)**

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## How it Works

- **Schedule An Appointment** Click on the link and follow the instructions to set up your appointment with a Registered Physiotherapist
- **Check Your Email** You will receive a log in link on your email and also a text message, log in 5 minutes before your appointment time.
- **Get Personalized Care** Your Physiotherapist will meet you via a Video call, will take a history of your condition, perform the necessary test to diagnose your problem and start your treatment to get

you to start feeling better right away.

**Call 905-529-0521 or Request an Appointment**